



# SNACKS MENU





# PEQUENO-ALMOÇO • BREAKFAST



## PEQUENO-ALMOÇO INGLÊS • ENGLISH BREAKFAST

8,50€

Salsicha Cumberland, tomate grelhado, cogumelos salteados, bacon fumado, ovo estrelado, torrada, feijão com tomate, espumante e sumo de laranja natural, café ou chá  
Cumberland sausage, grilled tomato, sautéed mushrooms, smoked bacon, fried egg baked beans, toast, sparkling wine and fresh orange juice, coffee or tea

## PEQUENO-ALMOÇO ALVOR • THE ALVOR BREAKFAST

12,00€

Duas metades de abacate, torradas, dois ovos escalfados, bacon, salmão fumado, molho de cúrcuma e maionese, espumante e sumo de laranja natural, café ou chá  
Two halves of avocado, toast, two poached egg, bacon, smoked salmon, turmeric-mayo dressing, sparkling wine and fresh orange juice, coffee or tea

## TOSTA MISTA • HAM AND CHEESE TOASTED SANDWICH

3,50€

## TOSTA DE QUEIJO, TOMATE E ORÉGÃOS • CHEESE, TOMATO AND OREGANO TOAST

4.00€

## IOGURTE GREGO • GREEK YOGHURT

4,50€

Com granola caseira, mel e frutos vermelhos  
With homemade granola, honey, and red fruit



# GOLFLAND SNACKS



**ESPETADA DE FRANGO TERIAKY • TERIYAKI CHICKEN SKEWERS**

12,00€

Com salada de sabores asiáticos e amendoins, batata frita palito

With Asian style salad and peanuts, french fries

**SANDES GOLFLAND • GOLFLAND SANDWICH**

11.00€

Com batatas fritas, frango, bacon, molho iogurte com hortelã e ovo

With French fries, chicken, bacon, yoghurt sauce with mint and egg

**SALADA CAESER FRANGO • CHICKEN CAESER SALAD**

11.00€

Peito de frango, alface romaine, tomate seco, croutons, parmesão , molho caesar caseiro

Chicken breast, romaine lettuce, sun-dried tomato, croutons, parmesan, homemade caesar dressing

**OVOS ROTOS COM FARINHEIRA • EGGS WITH "FARINHEIRA" SAUSAGE**

12.00€

Cebola picada, farinheira, batata palha, tomate seco, ovo, crocante presunto

Chopped onion, Portuguese smoked sausage, potato sticks, eggs, crispy ham

**SALADA DE CAMARÃO TIGRE E COUSCOUS • TIGER PRAWN AND COUSCOUS SALAD**

16.00€

Camarão tigre, massa couscous, tomate cherry, hotelã, coentros, cebolotas e sementes de sesamo

Tiger prawns, couscous pasta, cherry tomato, mint, coriander, chives and sesame seeds



# GOLFLAND SNACKS



## QUESADILHA • QUESADILLAS

12,00€

Frango, queijo, pimentos, cebola, coentros, lima, puré de abacate  
Chicken, cheese, peppers, onion, coriander, lime, avocado puree

## HAMBÚRGUER DE SALMÃO • SALMON BURGER

13,00€

Com batata-doce frita em pão de espinafres, espinafres frescos, cebola frita,  
molho de iogurte e citrinos  
With sweet potato fries in spinach bread, fresh spinach, crispy onion, yoghurt,  
and citrus dressing

## HAMBÚRGUER GOLFLAND • GOLFLAND BURGER

13,00€

Com batata frita, agrião, cebola frita, cebola roxa confitada, queijo amanteigado,  
maionese picante  
With french fries, watercress, crispy onion, red onion confit, soft cheese, spicy  
mayonnaise

## HAMBÚRGUER DE GRÃO E LENTILHAS • GRAIN AND LENTIL HAMBURGER

12,00€

Com batata-doce frita, rúcula, compota de cebola e molho relish  
With sweet potato fries, arucula onion jam and relish sauce

## ASAS DE FRANGO BARBECUE • CHICKEN WINGS BARBECUE

7,00€

Com maionese picante  
With spicy mayonnaise





Até breve • See you soon



**GOLFLAND**  
ALVOR

